

## CARLA GOWN SIZE GUIDE

Please use the following information to work out which is the best size for you. If you fall between sizes, or are unsure which size to go for, just give us a call on 07 3899 8610 and we can talk you through the sizing steps.

Alternatively, send an email to [hello@gossipgowns.com.au](mailto:hello@gossipgowns.com.au) with your measurements, along with the style you're interested in, and one of our GG Gals will quickly answer any questions or concerns you have.

The lace up neck feature of the CARLA GOWN allows flexibility with the bust and waist measurements.

CARLA GOWN	SIZE	BUST	WAIST	HIP
	4	75cm	55cm	85cm
	6	80cm	60cm	90cm
	8	85cm	65cm	95cm
	10	90cm	70cm	100cm
	12	95cm	75cm	105cm
	14	100cm	80cm	110cm
	16	105cm	85cm	115cm

Here are some additional tips on getting the best measurements:

Stand up straight with both arms lifted and feet together

### **Measuring Your Bust:**

1. Take the tape around your back
2. Bring it across your bust at the fullest part
3. Record measurement

### **Measuring Your Waist:**

1. Wrap the tape around your waist just above your belly button or naturally where you curve in when you bend side to side.
2. Record measurement

#### **Measuring Your Hips:**

1. Loop the tape completely around your bottom and thighs at the fullest part
2. Record measurement

Now that you have all three measurements, make sure you match them accordingly--bust-waist-hips. For example: 90-72-100

#### **Extra tips:**

- When measuring over underwear, keep the tape level and pull it together, but not too tight
- If you will be wearing special undergarments with your dress, measure over those
- If you are in between sizes, choose the larger one as it is easier to take in a dress than to let it out.
- And remember, every dress and every fabric fits differently, so sizing can vary with every dress.